



The 11th International Scientific Conference Exercise for Health and Rehabilitation

24th April, 2026 - Kaunas, Lithuania

Short Scientific Presentation Session

Moderators:

prof.dr. Daiva Petruševičienė, prof.dr. Kristina Berškienė,
assoc.prof.dr. Algė Daunoravičienė, assoc.prof.dr.Vilma Tamulionytė,
dr.Ernesta Gurskienė

Venue: 106 auditorium, Faculty of Nursing, Eivenių street 2, Kaunas. **Time:** 10.00 – 13.00

Evaluation of Static and Dynamic Balance in Women with Generalized Joint Hypermobility	Kamilė Pilvinytė
Correlations between Spinal Posture, Lumbar Spine Mobility and Intensity of Primary Dysmenorrhea Symptoms in Healthy Young Women	Monika Ulinskaitė
Assessment of Risk Factors for the Development of Upper Crossed Syndrome, Quality of Life, and their Associations in Programmers	Austėja Matulevičiūtė
The Effects of a Corrective Exercise Program on Young Women with Upper Crossed Syndrome who Perform Sedentary Work	Domantė Valaitė
Application of Dance Movement Therapy to Children with Autism Spectrum Disorder: a Study of Parents' Experiences	Austėja Klovaitė
Ultrasonic Investigation of Thigh Tissues and Blood Vessels Response to Compressions with Smart Pneumatic Actuator	Adarsh Ullas Babu
Heart Rate Response Assessment in Simulated Free-Living Walking Activities	Surya Karnan Suresh Shibu Jayachandrakumari
Changes in Physical and Cognitive Function Following a Six-Week Multimodal Exercise Program in Older Adults	Jurgita Boltutienė
Comparison of the Effects of Telephysiotherapy and Physiotherapy in Women with Urinary Incontinence	Paulina Sidabraitė
Repetitive Transcranial Magnetic Stimulation for Motor Recovery after Stroke is Associated with Secondary Improvements in Mental State	Laura Petrusevičienė
Different Muscle Stimulation Methods: Comparison of Neuromuscular Electrical and Magnetic Stimulation for Quadriceps Muscle Weakness after Arthroscopic Knee Surgery	Gintarė Repečkaitė
Changes in Muscle Strength and Range of Motion in Physically Active Individuals Following Anterior Cruciate Ligament Reconstruction of the Knee Joint in the Acute Postoperative Phase	Matas Stankūnas
Effect of Classical and Technology-Assisted Physiotherapy on Recovery of Knee Joint Function in Physically Active Individuals after Arthroscopic Knee Surgery	Erikas Astrauskas
Between-leg Functional Differences in Strength and Drop Jump Performance in Futsal Players	Matas Šikšnius
Assessment of Musculoskeletal System Functional Indicators and Injury Risk in Adult Street Dancers	Dovydas Slivka
Relationships between Dynamic Stability and Functional Movements of Active Tennis Players and the Risk of Injuries	Adelina Norvaišytė



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